

For any information regarding the Georgia Poison Center please contact us at:

Georgia Poison Center
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Atlanta, GA 30303-3050

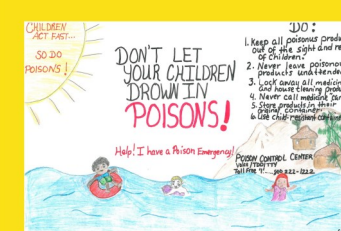
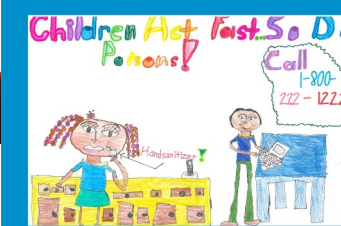
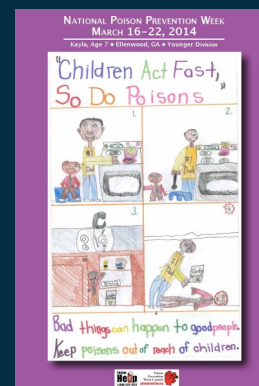
1.800.222.1222 poison emergencies

www.georgiapoisoncenter.org



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NATIONAL POISON PREVENTION WEEK IS MARCH 16-22

For the past 52 years, the third week in March has been designated as National Poison Prevention week in the United States with the goal of highlighting the dangers of poisoning and how to prevent them.

In honor of NPPW we would like to honor our Georgia students who submitted their artwork for our poison prevention poster contest and recognize our National Winner (Kayla, Age 7) and State Winners (Lauren, Age 5; Saliah, Age 8; Katelynn, Age 11).

The Georgia Poison Center invites you to join us in celebrating Poison Prevention Week by spring cleaning your home and making it poison safe for your children, pets and family.

Basic First Aid for a Poisoning

Poison in the MOUTH:

- Call the poison center, whether the poison was swallowed or not
- Do NOT make the person vomit nor give the victim something to eat or drink unless the poison center tells you to

Poison on the SKIN:

- Take off clothing that has the poison on it
- Wash the skin with running water for 15 to 20 minutes
- Call the poison center

Poison in the EYE:

- If the person wears contact lenses, remove them
- Rinse the eyes out with water for 15 to 20 minutes
- Call the poison center

Poison in the AIR:

- Allow fresh air to be circulated
- Leave the area and move to a place that isn't contaminated
- Help others leave the area, but be sure to protect yourself from breathing in the poison
- Call the poison center

You can reach the Georgia Poison Center at 1-800-222-1222.

SPRING CLEANING TIPS

As you begin spring cleaning the Georgia Poison Center advises you to take special precautions when cleaning out cupboards, closets, basements and garages.



Each year, the GPC handles many calls involving toxic exposures to household cleaners such as bleach, disinfectants, floor and tile cleaners, dishwasher detergent, and glass cleaners. Most often these exposures occurred because these products were not in their original containers, had been improperly used, or had been left open and unattended by an adult.

You can protect yourself and those around you by using a little caution when cleaning. Here are a few tips to help you clean safely:

1. Keep household cleaning products in their original containers and store them out of the reach of children
2. Read and follow directions for use and disposal and never mix chemicals, including household cleaners, or detergents
3. Turn on fans and open windows when using cleaning products and do not sniff the containers to see what is inside.
4. When spraying household products, direct the spray nozzle away from people and pets.

If you suspect someone has been poisoned call the Poison Help line right away at 1-800-222-1222, to talk to a poison expert. The Georgia Poison Center is not just for parents of young children, we are here for everyone who needs advice.

WILD MUSHROOMS



Wild mushrooms will soon be popping up in backyards, parks, and wooded lots. While mushrooms seem tempting, you may want to think twice before eating them.

It is really hard to tell the good mushrooms from the bad. Many mushroom species look similar, which makes it easy to make a mistake and in some cases this mistake could be disastrous.

Symptoms from eating a poisonous mushroom can range from mild upset stomach to potentially life-threatening symptoms. Each individual will experience symptoms differently and these symptoms will depend on many factors (age, weight, type and amount of mushroom consumed).

Here are some tips to keep you and your family safe:

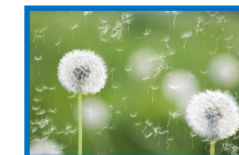
- Remove all mushrooms from your backyard before your children go out to play
- Teach children NOT to put mushrooms, flowers, berries or any part of a plant in their mouths
- Do NOT eat any mushrooms as they can cause vomiting, hallucinations, or even fatal liver failure
- Have the poison center phone number programmed into your phone.

SEASONAL ALLERGIES

Many people suffer from seasonal allergies. During spring, when pollen and mold begin to fill the air and cause allergic reactions, people use medication to help control their allergies. These products, antihistamines, could result in harmful effects if used in the wrong way.

Common side effects associated with antihistamines include:

- Dizziness
- Dry Mouth
- A Racing Heart
- Drowsiness
- Dilated Pupils



An overdose may cause seizures, heart beat irregularities, and hallucinations.

Safety Tips:

- Read the label every time and follow the directions
- Always use the measuring device that comes with the medication
- Do not take or give medicine in the dark or when sleepy
- Never take someone else's prescribed medicine
- Speak with your physician before taking any medication
- If you have general questions you can call the Georgia Poison Center

Upcoming Trainings

March 2014

- Advanced Explosion & Blast Wednesday, March 5, 2014 Savannah, GA
- Radiological Preparedness & Emergency Response Thursday, March 6, 2014 Savannah, GA

April 2014

- Radiological Preparedness & Emergency Response Wednesday, April 2, 2014 Marietta, GA
- Basic Explosion & Blast Injury Thursday, April 3, 2014 Tifton, GA
- Advanced Hazmat Life Support Monday, April 14, 2014 & Tuesday, April 15, 2014 Savannah, GA

May 2014

- Basic Explosion & Blast Injury Thursday, May 8, 2014 Atlanta, GA

Visit

www.georgiapoisoncenter.org
for more information

